

My Morning Racket is a weekly two-hour radio show produced in Penticton British Columbia at Peach City Radio (CFUZ-FM). Host Dave Del Rizzo thumbs his nose at the conventional kid gloves used to wake folks via radio music by playing loud unapologetic distortion-laden music for breakfast. Mix in a little talk and the occasional interview, and voila, welcome to My Morning Racket.

Email: mymorningracket@peachcityradio.org

Frequency: **Weekly**

Release: **Saturdays after 0900h Pacific Time**

Episode: **72**

Original Air Date: **September 6, 2019**

Length: **118:00**

Title: **Once More With Feeling...**

Host: **Dave Del Rizzo**

Guests: **None**

1	Parquet Courts	Wide Awake!	Wide Awake!	2.40
2	Richard Reed Parry	Quiet River of Dust Vol. 2: That Side of the River	Throw A Cup of Water	5.51
3	Styx	Greatest Hits	Too Much Time On My Hands	4.33
4	Gowan	Great Dirty World	Moonlight Desires	4.14
5	The Rheostatics	Here Come the Wolves	Rearview	3.15
6	Bodywash	Comforter	Reverie	4.15
7	Close Talker	How Do We Stay Here?	Arms Length	4.55
8	Ways in Waves	Bloodless Arches	All Ears	3.47
9	Fountain	Laughing Through Traffic	Cataclysmic Fusion	4.05
10	Field Mouse	Meaning	Heart of Gold	3.19
11	The Control Freaks	She's The Bomb	Time's Up	1.52
12	Ceremony	In The Spirit World Now	Turn Away the Bad Thing	4.03
13	RIDE	This Is Not A Safe Place	Kill Switch	2.46
14	Seratonos	Power	Heart Attack	3.07
15	Ought	Once More With Feeling...	New Calm Pt. 3	6.31
16	Ought	Once More With Feeling...	Waiting.	5.04
17	Puzzlehead	Big Sniff	Doctor	4.57
18	Lunch Lady	Angel	Window	2.33
19	alimony	release	love maniac	2.47
20	Sunglaciars	Foreign Bodies	For What	3.50
21	Jom Comyn	Crawl	Change Your Mind	2.16
22	Flamingos Pink	Kustom Kreme	It Might Be Mine	3.03
23	Polly Dactic	Half Nermal EP	Use It	3.57

Bonus track(s) - only appear in repeat/podcast broadcast